

Our services are available to anyone over 18 with a learning disability who lives in, or receives services in Dacorum. Priority is given to those living with unpaid carers due to the way the schemes are funded. We try as far as possible to include everyone; however we may ask you to be accompanied by your own carer if we feel we cannot meet your needs.

In addition to these services we are also able to be a listening ear; signpost people to further sources of support; keep people informed through our regular newsletter and via our website and Facebook page.



We are always looking for new volunteers to help us deliver our services, run the society and fundraise. We are funded through government grants for specific projects and through fundraising and charitable donations.

If you would like to use our services or help us in any way, please contact us. Our office is open during usual office hours, though as our staff team is very small, there may not always be someone available. We will, however, always return your call.



# Our Services

**Dacorum Mencap aims to support adults who have learning disabilities and their families.**

We are a small local charity affiliated to Royal Mencap, based in the Community Action Dacorum building in the Old Town. As we have no premises of our own, we do all our activities in the community at various locations.



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**Charity number: 212549**

# ROAR

## (Recreational Opportunities Allowing Respite)

ROAR is a social scheme for adults, which offers different activities each week. Groups of people meet for each activity and are supported by a paid member of staff and a band of volunteers.

All our volunteers are vetted and trained and come from a wide variety of backgrounds. We pay their out of pocket expenses.



Our activities are wide ranging and include such things as parties, eating out and pub meets as well as sports, day trips and weekends away.

We also offer short courses so that people can try new skills. ROAR is a great place to meet with friends old and new, and have fun whilst carers receive a well-earned break.



## Friendship Scheme

The Friendship Scheme vets, trains and matches suitable volunteers to adults with learning disabilities to go out together to do social activities and have fun on a 1:1 basis. Matches are made so that the pair have the best chance of

forming a friendship, we do not just match the next one on the list, so it may be a long wait and depends on the volunteers that come forward.



Users of the scheme enjoy the flexibility that it offers. The befriender and befriended agree what they will do together and when they will meet. Befriender expenses are paid by the scheme, the befriended pays for themselves.

Sometimes a volunteer can be matched to a pair of friends or to a small group who wish to socialise together.

## Hemel Hempstead Gateway Club

The Gateway Club currently meets on the first Tuesday of every month at St Barnabas Church Hall from 7.00 - 9.00pm. It is led by a paid member of staff, assisted by a team of regular volunteers. Different activities are organised each month, refreshments are provided. The Hall is fully accessible. We organise a range of craft evenings, film nights, karaoke, fish & chips and parties.

